

Handling Migraines at School Form for College Professors

Being prepared is essential to Migraine management and treatment.

This form is intended for use by college students. Give a copy of this form to each of your professors. You may also want to discuss your Migraines with your advisor and give him or her a copy of this form.

College students probably won't encounter as many problems when they need to take medications during class. However, due to problems with illicit drug use on college campuses, students should keep prescription medications in their original containers with the label intact to avoid misunderstandings and problems. College students should also check with their professors and be aware of policies about missing classes and exams.



Teri Robert

Information for College Professors

Your student and my patient, _____ is under my care for the treatment of Migraines. Migraine is a genetic neurological disease, and Migraine attacks can be quite debilitating. In addition to potentially severe headache, a Migraine attack often includes other symptoms including:

- increased sensitivity to light
- increased sensitivity to sound
- aphasia, an inability to use language well
- impaired mental acuity
- nausea and vomiting
- dizziness
- lack of coordination and impaired balance

There may be times when this student is unable to attend class; unfortunately, even on days when examinations occur. He or she may not need to see a doctor or visit student health services for Migraine attacks because I have prescribed medications to be taken for them, but that makes them no less debilitating.

I hope you will be able to work with your student/my patient to help him or her get the most from your class despite Migraines. Please contact me if I can provide you with more information.

Thank you.

physician signature

date

physician name (printed)

phone number

physician office address

student/patient name

student ID#